**Syllabus , FALL 2019**

**Concepts of Individual and Dual Sports - HPE 195**

**Professor N. DiCicco, Ed D**

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**Course website: diciccohealth.weebly.com**

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**Office: Papiano office complex, room 118. Office hours are posted outside the entranceway to the office complex on the bulletin board.**

# Class Meets: Wed. 8-9:50 AM Room 103

**Course Description/Goals:**

A course designed for the student to learn teaching strategies and concepts necessary for effective instruction in fitness, rehabilitation, education, and sport activities. Students will learn how to organize, prepare and execute effective teaching. This course is based on an experiential learning design, therefore attendance and participation are essential to success in this course.

**Course Objectives/Student Learning Outcomes:**

Upon completion of this course, the student will be able to:

1. Write an organized lesson plan

2. Explain and incorporate the New Jersey Core Curriculum Standards for Health and Physical Education into an

 organized lesson plan (HPE teachers only)

3. Apply effective teaching strategies and concepts in teaching fitness and sport skills

4. Explain effective teaching strategies and concepts

5. Teach a mini-lesson

6. Set-up and organize a facility in preparation for teaching a sport or fitness activity

7. Set-up and effectively run a tournament

**Course Requirements and Evaluation:**

**Attendance:**

Attendance is **mandatory.** Each absence will result in an EIGHT point reduction in your final grade. **Missing three classes will result in an automatic failure of the course.** This will be strictly enforced. Once you miss your third class, an email will be sent to your student email address informing you that you have failed the class due to lack of attendance. *No other work will be accepted or graded once you miss your fourth class.*

**Tardiness:**

Each time you are late there will be a 3 point reduction in your final grade. Anyone more than ten minutes late is considered absent (see above policy). **If you are late more than 3 times** you **will automatically fail this course**. This will be strictly enforced. Once you are late three times, an email will be sent to your student email address informing you that you have failed the class due to excessive tardiness. No other work will be accepted or graded once have been late three times.

**Electronic Devices:**

All electronic devices including phones and computers are prohibited during class time. Each violations will result in a three point deduction to your final grade

**Make-up and Extra Credit**

There will be NO make-up or extra credit work given to any student who misses an assignment or an exam.

* Assignments turned in one calendar day (not course day) late will receive a reduction of 50% of their value. Assignments turned in more than one day late will receive a grade of “0”.
* All assignments must be hand delivered in a hard copy format. **No emailed assignments or work will be accepted.**

**Dress:**

Students are required to wear activity clothes and sneakers. Failure to adhere to this policy will result in one being marked absent and being prohibited from participating in the day’s activities. **Appropriate dress: t-shirts, sweatshirts, shorts, sweatpants, and sneakers (no slip ons). NO JEANS.**

**Evaluation: Health and Exercise Science Majors**

**Teaching Plan:** Health and Exercise Science majors must complete a lesson plan for teaching an individual or dual sport skill. An outline for your lesson plan will be given to you and the requirements will be discussed in class.

**Mini-Teaching Lesson:** Based on your lesson plan, you will teach a mini-lesson to your peers. Details of this assignment will be explained in class.

**Final Exam:**  This will be an essay test based on the teaching strategies and concepts that you learned in class

**Sport Test:** You will be given an exam on the rules of play and basic knowledge on the game of badminton

**Participation:**

Each student is expected to participate fully in all activities. Failure to participate will result in a 50% deduction to your final grade for each activity in which you did not participate.

**Grade:**

Mini-Lesson……………….. ..35

Sport Test..…………………...20

Final………………………… 20

Lesson Plan ………………….25

Total…………………………100%

**Evaluation: Sport Management:**

**Tournament Planning, Organizing, and Implementation:** Your ability to effectively plan, organize, and conduct tournaments will be required and evaluated. Your plan and execution of the plan is based on performance and planning in the following areas:

1. Create excitement and build an audience through a marketing plan
2. Keep all participants engaged and involved in the event
3. Seed and create a tournament bracket
4. Officiate each match
5. Obtain or make prizes and/or awards
6. Create an exciting championship and award ceremony

**Feedback/Organization:**  You will be required to provide effective and clear feedback and communication. This will be discussed in detail in class. You will also be responsible for participating in teaching activities.

**Sport Test:** You will be given an exam on the rules of play and basic knowledge on the game of badminton

**Final Exam:** This will cover what you learned during your management and planning of the badminton tournament

**Grade:**

Tournament Plan……………..20

Tournament Execution.………30

Sport Test…………………….20

Feedback/Participation……….10

Final Exam …………………..20

Total…………………………100%

**A=92-100**

**B=82-91**

**C=72-81**

**D=62-71**

**F= less than 62**

**Textbooks:**

None required

Use resources listed on the course webpage

**Concepts of Individual Sports Signature Page**

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

My signature below indicates that I **understand the requirements and course policies** of Concepts of Individual and

Dual Sports (HPE 195) and that I had the opportunity to ask questions regarding this document. I fully

understand how my grade is calculated and how my attendance, lateness and other behaviors impact my

grade for this course. I understand and accept how my grade will be calculated.

Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_