**Concepts of Individual and Dual Sports**

**Teaching Schedule**

**Spring, 2020**

**April 1st**

Kayla – Soccer dribble

Gabe – Soccer pass & trap

Mike S. – Forward roll

**April 8th**

Jimaad – Free throw

Robert – lay-up

Mila – basketball dribble

**April 15th**

Erica – Lunge

Jared –Squat

Niquawn – Core exercise

**April 22nd**

Erin W. - Bump

Gia – set

Mike R. – serve

**April 29th**

Ethan – throwing a Frisbee

Ke’Shon – throwing a football

Devon – backwardroll

**May 6th**

Sal- Cardio-kick boxing for aerobic conditioning